

LYMPHEDEMA & LIPEDEMA CENTER

JAY GRANZOW, MD, FACS

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SERVICES OFFERED

- FLOSM comprehensive lymphedema treatment system
- Suction-assisted protein lipectomy (SAPL) lymphedema surgery
- Vascularized lymph node transfer (VLNT) lymphedema microsurgery
- Lymphaticovenous anastomosis (LVA) lymphedema supermicrosurgery
- LipisuctionSM lipedema surgery



Team Granzow, L to R: Kat Cheung, Amy Granzow, Dr. Granzow, Thao Messinger, Julie Inouye and Mariela Alvarez. Not pictured: Yvette Velasquez and Julie Soderberg

A UNIQUE CENTER

The Lymphedema & Lipedema Center is internationally regarded as the preeminent surgical treatment center devoted to patients suffering from lymphedema and lipedema diseases. Dr. Granzow founded our center in 2008 and pioneered the first comprehensive lymphedema treatment system, which fully integrated lymphedema surgeries and lymphedema therapy. What makes our center unique is our team's focus on matching the type of treatment and surgery to each patient's condition to achieve the best possible results. Restoring and improving your quality of life is our passion.



WHAT IS LYMPHEDEMA?

Lymphedema occurs when there is damage or trauma to the lymphatic system (a part of the body's immune system). When lymphatic fluid

doesn't circulate properly, this fluid builds up and causes dangerous inflammation, which damages the surrounding healthy tissue. Over time, the lymphatic fluid accumulation causes a buildup of inflammatory solids. It can occur spontaneously, but most cases of lymphedema in the U.S. result after cancer treatment.

Lymphedema swelling doesn't go away without treatment and typically gets progressively worse. Patients experience debilitating effects such as swollen extremities, pain, decrease or loss of function, and disfigurement. Lymphedema significantly increases the risk of cellulitis infections, which require hospitalization, and can lead to elephantiasis and even cancer. In the past, treatment options were limited, but with the FLOSM system patients can experience effective and lasting results.

WHAT IS LIPEDEMA?

Lipedema, also known as "painful fat syndrome," is a chronic fat disorder of the legs or arms and almost exclusively occurs in women. It is estimated that 17 million women in the United States and 370 million women worldwide have lipedema. This fat is inflammatory and can be very painful and debilitating. Lipedema fat responds poorly to diet and exercise. Without proper treatment, patients may face serious health and quality of life issues such as anxiety, depression and physical impairment.



Dr. Granzow with happy patients Meagan, Kimm, Amy R. and Amy E.

FINDING TREATMENT

We believe that it is important for patients to get a proper diagnosis by a physician who specializes in lymphedema and lipedema treatment. We also recommend a consultation with a certified lymphedema therapist for potential conservative therapies. While being diagnosed with lymphedema or lipedema can feel devastating, our team can help with surgery and treatment that produce meaningful and lasting improvement.



PHOTOGRAPHED BY CHRISTINE CHANG, AP CORDEIRO & THAO MESSINGER