

# MANHATTAN BEACH PLASTIC SURGERY

SHAYLA K. STORZ, PRACTICE & SURGICAL CONSULTANT

Pacific Center, 21250 Hawthorne Blvd., Suite 430 | Torrance | 310-882-6261 | manhattanbeachplasticsurgery.com

## SERVICES OFFERED

- Aesthetic procedures (rhinoplasty, mommy makeovers, breast augmentation/lift, liposuction, tummy tuck, face and neck lift, eyelift)
- Microvascular surgery, lymphedema, lipidema
- Botox and facial fillers
- Reconstructive surgeries

“We care for each patient in the way that we would want someone to care for our family members.”

## Q&A

### HOW DOES MANHATTAN BEACH PLASTIC SURGERY PROVIDE PERSONALIZED ATTENTION TO PATIENTS?

“Our office provides the highest level of care for our patients. We define medical care as not only the expertise and experience on the part of the surgeon but as the entire experience from the first phone call to the last visit. We care for each patient in the way that we would want someone to care for our family members.”

### HOW DO YOU MAINTAIN YOUR OWN HEALTH?

“I am in constant practice of allowing myself to take a few moments in the morning or at night to clear my mind. This allows me to focus and conquer the challenges that lie ahead of my day and/or week. If it’s a weekday, you’ll find me at Alba’s or Chris P.’s SoulCycle class or an activity at the beach on the weekend—both are places of meditation that help me decompress.”

### WHICH SKILLS ARE MOST IMPORTANT IN CARING FOR PATIENTS?

“I think practicing empathy, kindness and patience are key when caring for patients. We have to remember that patients who are visiting the doctor don’t feel well and often do not know what is wrong and are seeking care. The last thing they need is to not feel like they’re being cared for.”

## MEMORABLE MOMENT

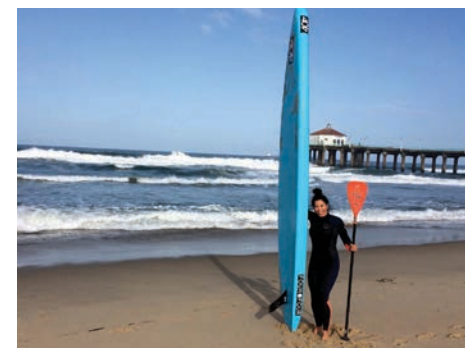
Patients travel from all over the world to seek surgical treatment with Dr. Granzow. It’s a very personal experience to be a part of and witness a patient’s aesthetic transformation, but it is truly heartwarming when you are able to share their reconstructive journey. I visit every patient post-surgery, and each one is unique and reminds me of why we work so diligently advocating for Dr. Granzow’s reconstructive patients.

## AREA OF EXPERTISE



I have worked in the field of plastic and reconstructive surgery since 1999 and have worked for Dr. Jay Granzow at Manhattan Beach Plastic Surgery for almost nine years. When I met Dr. Granzow, he renewed my passion for the reconstructive side of plastic surgery. He lights up when he talks about it, and I find this refreshing and educational. While he prepares to operate on patients and forever change their lives, I help them navigate the process from beginning to end alongside our amazing team of women.

## GOOD TIMES



Born and raised in the South Bay, I am lucky to live and work at the beach. I live an active lifestyle, so when I’m not at work you will find me either with loved ones, at SoulCycle or enjoying an outdoor activity like surfing and hiking. I also support two of our local charities that I hold dear to my heart: Walk With Sally and the Richstone Family Center.



L to R: Mychael Patrick, PA-C, Amy Granzow, Dr. Jay Granzow, Shayla K. Storz, Julie I. Inouye, Mariela Alvarez  
Not pictured: Yvette Velasquez and Julie Soderberg, MPT, ATC, CLT-LAN