

MANHATTAN BEACH PLASTIC SURGERY & LYMPHEDEMA AND LIPEDEMA CENTER

JAY W. GRANZOW, MD

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SERVICES OFFERED

- Lymphedema and lipedema surgery
- Rhinoplasty
- Breast enhancement (augmentation, lift or reduction)
- Mommy Makeover
- Body contouring
- Abdominoplasty
- Facial rejuvenation (face/neck/eyelid lift)
- Injectables (Voluma, Juvederm and Botox)

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CAREER CHOICE

During my youth, I first focused on becoming an engineer. Little did I know it would be the basis to develop a career in medicine. I just wanted to help people. That's when I realized I had the ability to think outside the box and when I knew medicine was it. Identifying the work being done in the world of lymphedema and microsurgery fascinated me and has become my true passion.

PRACTICE SPECIALTY

I created the first integrated lymphedema surgery treatment system, known as the Functional Lymphatic Operations System®. Lymphedema is a disorder of the lymphatic system, which is an important part of the immune system. While lymphedema can occur spontaneously, most cases in the United States result from treatment for cancer with surgery, radiation or both. I have successfully treated hundreds of patients from all over the world who have experienced life-changing improvements.

BEFORE & AFTER

I performed delicate LVA microsurgery last fall on a 26-year-old female patient who suffered from lymphedema in both legs for five years. LVA describes a method of directly connecting the lymphatic vessels in the affected area of the body to the tiny veins nearby. This allows the excess lymphatic fluid to drain directly into the vein and return to the body's natural circulation. These photos show the improvement in her legs at the patient's recent 1-year post-surgery anniversary.



WORK FROM HOME

Like many during the COVID-19 pandemic, we worked from home and learned how to use Zoom. (See our home office desks at right.) We stayed positive and communicated with our team and patients regularly. We reopened at the end of July, utilizing every safety precaution available to ensure a safe environment for our staff and patients. We had fun creating more personal social media messages to showcase our team. We never lost hope.

TALENTED TEAM

Our talented and collaborative team members who always put our patients first include Julie Inouye, patient care specialist; Linda Recendez, front desk coordinator; Thao Messinger, PA-C, clinical director; Katherine Cheung, practice manager; Yvette Velasquez, surgery authorization specialist; and Amy Granzow, Esq., director of patient advocacy.

SEASON'S GREETINGS

A special heartfelt holiday greeting to all from our family. As a nation, we've all lost loved ones, friends and acquaintances to COVID-19. To those families, we mourn with you. Our lives have forever changed, but we continue to wish for hope and good health for you and your families in the times ahead.

